

Boston Rowing Marathon

17th September 2017

Competitor's Race Instructions **and Local Rules**

<i>Race Committee:</i>	<i>(Chairman) Phil Latka, (Chief Umpire) Paddy Ibbotson and Tim Walton</i>
<i>Race Secretary:</i>	<i>Sue Gavey</i>
<i>Safety adviser:</i>	<i>Nigel Allen</i>

The race starts at Stamp End Lock, Waterside South, Lincoln, LN5 7JN
The finish is at The Boathouse, Carlton Road, Boston, PE21 8LL.
On arrival please follow directions from marshals / signs regarding parking.
On arrival report to RACE CONTROL stationed in Lincoln Rowing Centre (See Lincoln site plan).
Toilets, changing & refreshments are available at Lincoln Rowing Centre.

Please note that in order to run a safe and efficient event the starting order will be adhered to.

Local Event Rules

- The race is run under British Rowing Rules subject to these local rules and it is a condition of participation that all crews accept and abide by the rules and safety arrangements.
- In the event of a dispute the decision of the Race Committee shall be final.
- The committee reserve the right to cancel the event if they consider it would be too dangerous to proceed.
- **All competitors British Rowing membership cards (or equivalent) may be checked.**

Crews are required to stop and assist any crew in difficulty or danger and to report any incidents to the nearest race monitor.

- You must ensure your boat complies with the British Rowing RowSafe guidance - inspection may take place before permission to boat is given.
- **Bow Numbers** will be issued at registration. Boats are required to have suitable fittings to display Bow numbers so they can be clearly visible to race marshals. Failure to suitably display your number may result in no time being taken.
- All coxswains must wear a suitable life jacket or buoyancy aid.
- [LR]Coxswains will not be weighed for this event.
- Crew members cannot be substituted during the race but crew members (excluding the coxswain) may change seats.
- [LR] With prior consent, crew members may swap at Bardney Lock and Kirkstead Bridge. Boats that swap crew members are NOT eligible to

Boston Rowing Marathon

compete for status, awards or records. Arrangements will be made for such crews to be recognised by the Umpires/Marshalls at these points.

- Crews may be instructed to withdraw by marshals or monitors if it is decided by the safety advisor or race committee that continuing may inhibit other's safety or the smooth running of the event.

Starting

The Start Marshall will direct you to the START, which is under the bridge. IT IS A STANDING START. Once aligned, the starter will count down prior to the command "GO". EG 5, 4, 3, 2, 1, GO.

Marathon Event Rules and Instructions

- The course will not be covered in its entirety by Race monitors and safety boats. (See **Competitor Safety instructions** for full details of safety arrangements)
- Boating times have been allocated with particular care, taking into consideration safety and logistics, therefore **crews must boat at their allocated time** (see **Marathon 2017 Draw**). Boating early or late will not be allowed under any circumstances.

Boating

- Please arrive at the boating stages 15 minutes before your race time. This will allow enough time for boat inspection and embarkation before being called down to the start on time.
- Please approach the boating area from the eastern end with the bows facing the start, as there is insufficient space on the river to turn once boated (stern first against the race direction). See **Start circulation**.

The Start is approximately 25 metres from the boating area making it unsuitable for a warm-up row. We therefore we advise you to warm up on land before boating.

- The River Witham is a Canals and River Trust controlled navigation. Competing clubs who normally row on non-CRT water are asked to ensure that they have the appropriate licenses.
- Crews are only eligible for course records in the event in which they are competing.

Course Information

Along the course

The river is marked every kilometre – so look out for the marker signs along the bank. The Start is approximately 25 metres after the 1-Km sign and the Finish is 200 metres after the 50-Km sign. Be wary of reed beds / trees protruding into the river. The river is NOT closed for this event so be prepared to meet other river users. Normal rules of navigation apply.

Bardney Lock (13.5 Km)

Boston Rowing Marathon

Crews must disembark at Bardney and carry their boat around the lock (see ***Bardney circulation***). You are responsible for disembarking, carrying your boat, and embarking – you may arrange for supporters to help. Time taken to do this is counted in the crew's overall time. Boat Marshals' instructions should be followed and no time allowance will be given for incidents. Competitors are advised that there could be congestion at Bardney Lock. Consideration is required from all crews. In the event of unsportsman-like behaviour, the Race Organisers reserve the right to impart a time penalty on the offending crew.

Tattershall Bridge (32 Km)

This is an arched bridge with buttresses in the centre of the river.

Finish

The Finish line is just beyond the landing stages at Boston Rowing Club (see ***finish circulation***). Continue well past the finish line, turning your boat around the turning buoy and proceed to the landing stages upstream and within the buoyed area. Please clear the landing area promptly.

Results and Prize Giving

Every effort will be made to display results as swiftly as possible and Prize giving will commence at approximately 4pm

Results will be posted on our website www.bostonrowingclub.com